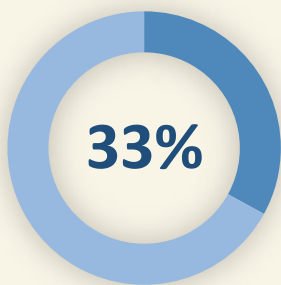


# FOOD INSECURITY AT SF STATE

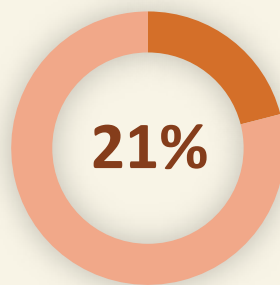
A recent report from the California State University Office of the Chancellor revealed that lack of basic needs may lead to impeded student success outcomes for college students. The report indicated that students at San Francisco State University have experience with food insecurity. The following highlights the food insecurity impact on our students across gender and race.

Food insecurity is the limited or uncertain availability of nutritionally adequate and safe foods, or the ability to acquire such foods in a socially acceptable manner. The most extreme form is often accompanied with physiological sensations of hunger (Goldrick-Rab, Richardson, & Kinsley, 2017).

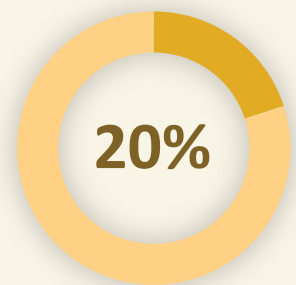
The NCHA II Survey was conducted at San Francisco State in Spring 2016. Out of 27,918 undergraduate and graduate students, 1,644 participated in the survey.



could not afford to eat balanced meals

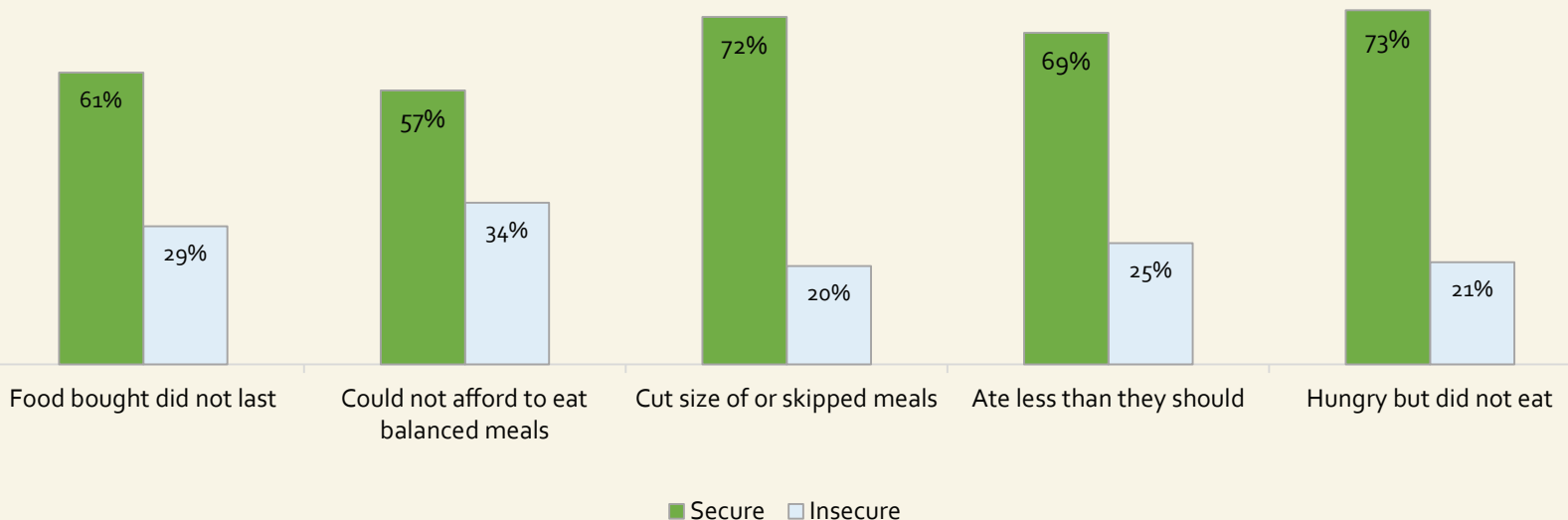


cut size of or skipped meals



hungry but did not eat

## Food Secure vs. Food Insecure



# USDA's Labels Describing Ranges of Food Security

## Food Security

**High food security:** no reported indications of food-access problems or limitations.

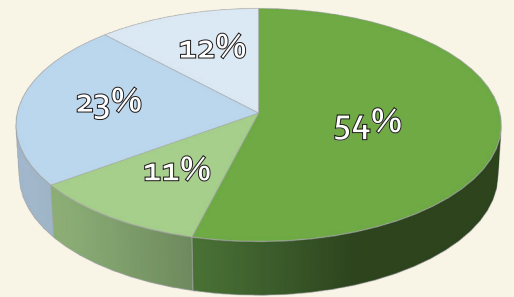
**Marginal food security:** one or two reported indications—typically of anxiety over food sufficiency or shortage of food in the house. Little or no indication of changes in diets or food intake.

## Food Insecurity

**Low food security:** reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.

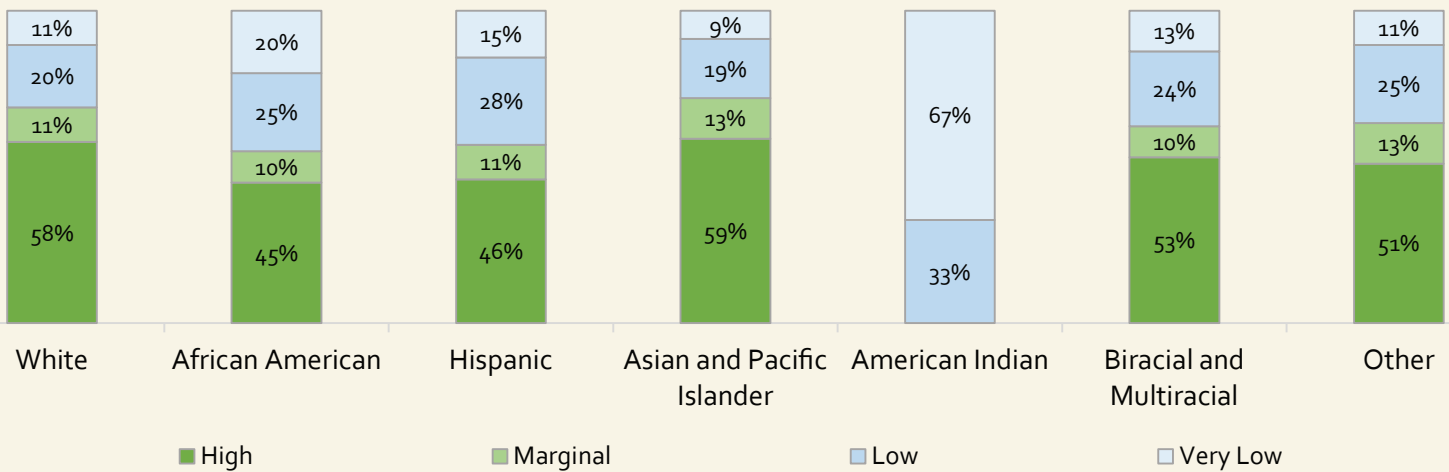
**Very low food security:** Reports of multiple indications of disrupted eating patterns and reduced food intake

# Food Security at SF State

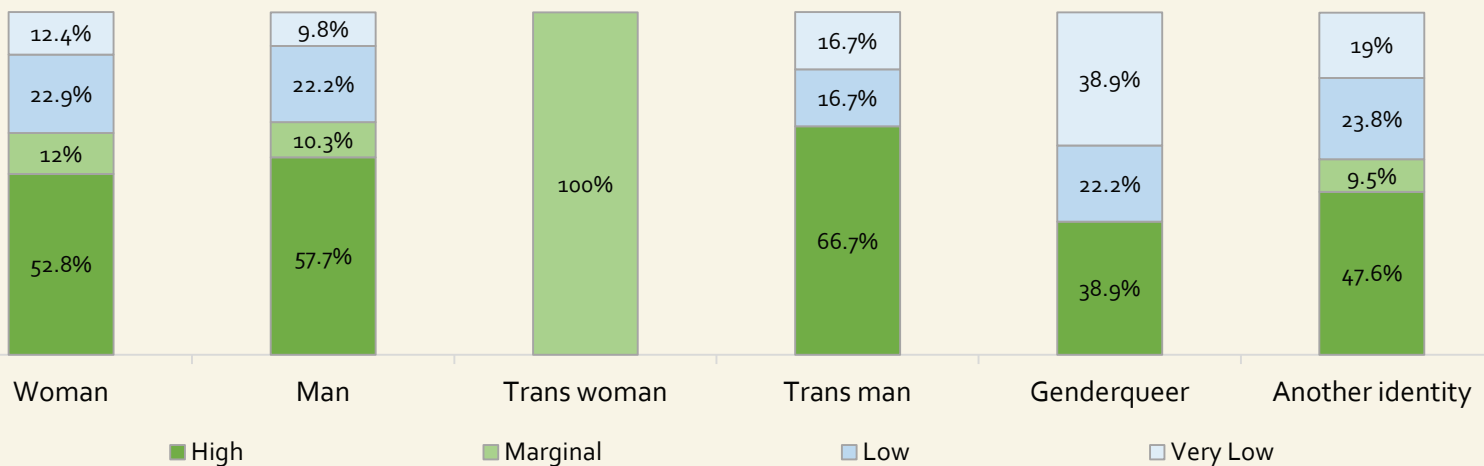


■ High ■ Marginal ■ Low ■ Very Low

## Food Security by Race/Ethnicity



## Food Security by Gender Identity



## Works Cited

American College Health Association. (2015). Spring 2016 SF State NCHA II Survey

Goldrick-Rab, S., Richardson, J., & Kinsley, P. (2017). Guide to assessing basic needs insecurity in higher education. Madison, WI: Wisconsin HOPE Lab.

USDA's labels describe ranges of food security, United States Department of Agriculture, 2017, <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx>

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