SAN FRANCISCO STATE UNIVERSITY

Report on the Ad Hoc Work Group: Responding to Food & Housing Insecurity
FINAL 12/13/2017

Section 1: Executive Summary

In the summer of 2016, representatives from Associated Students (AS), Health Promotion & Wellness (HPW), Sodexo, and Residential Life met to discuss how food insecurity and housing instability is affecting the SF State campus. From the meeting, a plan was made to continue the conversation about developing interventions and programs to address these issues.

A month after the initial meeting, a California State University (CSU) Chancellor's Office (CO) report, Serving Displaced and Food Insecure Students, was published calling on each CSU to create a plan of action to address student basic needs. This report identified the scope of the problem, and outlined initiatives and programs throughout the CSU addressing food insecurity and housing instability. As a result of the CO report, Vice President of Student Affairs & Enrollment Management, Dr. Luoluo Hong, established the Ad Hoc Advisory Work Group - Responding to Food Insecurity & Housing (Ad Hoc Work Group) on July 31, 2016. The charge of the Ad Hoc Work Group was to assess the impact of food insecurity and housing instability at SF State, survey what efforts were currently being undertaken, coordinate communication, education, and advocacy on student basic needs, and identify systemic interventions that address the root causes of food insecurity and housing instability.

Throughout academic year 2016-2017, the Ad Hoc Work Group met bi-weekly to address the "call outs" from the CO report. These "call outs" included: (1) Policy and Leadership; (2) Research; (3) Support Programs; (4) Establishing a Single Point of Contact; (5) Establishing Links to Associated Students (AS); (6) Developing Peer Support; and (7) Involved University Housing. In addition, research and a few passion projects were developed. The following report outlines data collected, implemented and potential basic needs programs, and recommendations for the future. The current list of primary recommendations includes:

1. Establish a standing committee with shared governance made up of students, staff, and faculty;
2. Hire a 1.0 FTE professional staff member to oversee and coordinate SF State's basic needs initiatives, including program development and implementation, research, and evaluation;
3. Until the above position is established and filled, identify a person or a location for the Single Point of Contact (SPOC), including a website, email address, and phone number;
4. Develop financial resources, including expanding the HOPE Fund, establishing a budget, seeking donations, and collaboration with SF State Development;
5. Continue research on basic needs issues at SF State and their effects on a student's life, academic success, retention, and graduation;
6. Work with the Academic Policies Committee of Academic Senate to include information about basic needs on all class syllabi; and
7. Complete the process to have Electronic Benefits Transfer (CalFresh/food stamps) accepted at the AS Farmer's Market.

Section 2: Definitions & Terms
- **Basic Needs:** General term that includes food security, food insecurity, and housing instability.
- **Food Security & Insecurity**: Food Security and Insecurity are nuanced by their level of severity. The following reflect definitions from the [United States Department of Agriculture (USDA)](#) which contains mission focused elements around food security:
  - **High food security**: no reported indications of food-access problems or limitations;
  - **Marginal food security**: one or two reported indications—typically anxiety over food sufficiency or shortage of food in the house; little or no indication of changes in diets or food intake;
  - **Low food security**: reports of reduced quality, variety, or desirability of diet; little or no indication of reduced food intake; and
  - **Very low food security**: reports of multiple indications of disrupted eating patterns and reduced food intake.[25]
- **Housing Instability**: Housing instability relates to two types main types of instability:
  - **Homelessness:** a person who does not have physical shelter; and
  - **Houselessness**: a holistic perspective that takes into account how psychological shelter, such as relationships and emotional attachments, needs to be met when assisting or addressing the issue of homelessness.[23]

Section 3: Narrative on General Situation and Findings of the Ad-Hoc Workgroup
SCOPE of the Issue:
- Food Insecurity
  The Ad-Hoc Working Group explored statistics, scope, and impact of food insecurity for SF State, as well as the CSU and nation. Despite having some data about food insecurity at SF State, this area needs to be explored further in order to better understand the effects and academic impacts of food insecurity on SF State students. The following data represents what IS known about food insecurity:
  - National food insecurity rate for the general population (2015): 12.6%
    - National household food insecurity rate for persons living under 185% of the Federal Poverty Line (2015): 13.6%[1]
  - California household food insecurity rate for the general population (2015): 12.5%
    - California household food insecurity rate for adults age 18 and older and under 200% of the Federal Poverty Line (2015): 38%[27]
  - 1 in 5 CSU students are food insecure (21-24% of students surveyed)[8]
  - San Francisco food insecurity rate for the general population (2015): 16%
    - San Francisco food insecurity rate for adults age 18 and older and under 200% of the Federal Poverty Line (2015): 44%[28]
  - According to the 2016 National College Health Assessment Data from SF State:
    - 11.3% of students have marginal food security
    - 22.5% of students have low food security
    - 12% of students have very low security[30]
    - There are two theories on calculating food insecurity. Some designate only those who identify as having low and very low food security as being food insecure, while others include marginal food security in the numbers. Looking at SF State's data, our food insecurity rate ranges from 34.5% (low and very low food security) to 45.8% (marginal,

low, and very low food security). These rates are much higher than the national and CSU rate.
- Housing Instability
  While the Ad-Hoc Working Group explored statistics and scope of this issue for SF State, there was greater certainty on housing instability data and impact for national, state, system-wide, and Bay Area communities than there was for SF State. There is an understanding that our students are impacted by housing instability in various ways, but understanding the true impact and scope of housing instability needs to be explored thoughtfully in the future through research. The following data begins to represent what IS known about housing instability:
    - National rate of homelessness is 17.7 persons per 10,000 (2015)[29]
    - California rate of homelessness is 29.8 persons per 10,000 (2015)[29]
    - 1 in 10 CSU students are experiencing housing instability
    - 2017 San Francisco Data
      - 7499 homeless persons
      - 1363 homeless unaccompanied children and transitional youth
        - 43% (600) are enrolled in an educational or vocational program
      - 1170 homeless transitional youth, age 18-24
        - 88% (1030) are unsheltered[26]
    - According to the 2016 National College Health Assessment Data from SF State:
      - Student responses to the question "Where do you currently live?"
        - 0.2% [2 responses] – A squat, homeless shelter, car or street
        - 0.1% [2 responses] – Treatment facility or halfway house
        - 16% [255 responses] - Single room, rented room, motel
        - 17.9% [285 responses] – Other
        - 21.1% [336 responses] - In the university dormitory
        - 44.7% [711 responses] - Your own or your partner's house or apartment
      - Student responses to the question "In the past year how often have you slept in any of the following places: squatting place, abandoned building, car, homeless shelter, park or street?"
        - 37 students (2.3%): 1-2 days
        - 13 students (0.8%): 3-4 days
        - 8 students (0.5%): 5-6 days
        - 5 students (0.3%): At least 1 week
        - 4 students (0.3%): At least 1 month
        - 9 students (0.5%): More than 1 month[30]

Section 4: - CSU CO's Report, Serving Displaced and Food Insecure Students, Call to Campuses:
The CSU CO's report outlined key requests for CSU campuses to focus on when supporting students struggling with food insecurity and housing instability. The following is a summary of what SF State is currently doing and future opportunities.

1. **Request Type: Develop Policies, Leadership, Revenue**
   a. **Develop Policies:**
      Current policies at SF State include:
      i. MOU between Health Promotion & Wellness and SF-Marin Food Bank for CalFresh enrollment; and
      ii. MOU between Associated Students and SF-Marin Food Bank for the AS Pop Up Pantry.

b. Develop Leadership

Current leadership includes:

    i. Ad-Hoc Working Group - Responding to Food Insecurity and Housing;

    ii. Dean of Students Office distributing HOPE Fund monies; and

    iii. Dean of Students Office serving to assist students who may need emergency housing.

c. Develop Revenue

Current revenue includes:

    i. In-kind donation of people and space for the Pop-Up Food Pantry;

    ii. In-kind donation of food from the SF-Marin Food Bank for the Pop-Up Food Pantry;

    iii. The SF-Marin Food Bank pays SF State Health Promotion & Wellness a $50 stipend for every new and approved CalFresh recipient who is enrolled through the SF State CalFresh Enrollment program (current total: $1000)

        1. This money will be used to support the Cooking Classes;

    iv. HOPE Fund;

    v. Small grant from Resident Hall Association to the Food Recovery Network to purchase supplies; and

    vi. In-kind food donation of food from Sodexo to off-campus food pantries and shelters via the Food Recovery Network.

2. Request Type: Develop Research

The Ad-Hoc Working Group explored research opportunities to gather data about the prevalence of housing instability and food insecurity at SF State, and potential interventions to address these issues. The following summarizes our research:

    a. SF State HPW Key Informant Interviews

        i. Exploring Overnight Parking Program

            1. HPW Intern Cam Bui connected with 3 safe parking programs to learn more about how they implemented overnight parking programs for persons sleeping in their cars

        ii. Researching the Connect a Student/Senior program

            1. HPW Intern Dámneet Kaur connected with Dr. Ellen Schall at [New York University to learn more about their Student/Senior housing program](#)

            2. Aimée Williams will continue to follow-up with Dr. Ellen Schall

    b. SF State – Professor Peter Biella (Anthropology) Research

        i. Students in Anthropology/Urban Studies and Planning 557: Ethnography of Inner City conducted an ethnographic study of 35 food and housing insecure students

        ii. The preliminary data analysis describes how food insecurity and homelessness affects students, including where they sleep, study, and store materials, as well as academic and non-academic stressors

        iii. Students participated in the "Stress Relief Day" event (4/26/2017) and handed out a brochure listing local resources and referrals for food insecure and houseless students

    c. SF State - Dr. Jocelyn Hermoso, Associate Professor, School of Social Work

      i.   Students in Social Work 450: Introduction to Research in Social Work did their research project on food insecurity and housing instability

      ii.   Research was quantitative and qualitative:

          1.   Quantitative: Designing and implementing a survey instrument, and running descriptive statistics on the data

          2.   Qualitative: Photovoice project

              a.   Students had research participants take pictures of objects or scenery that represented their thoughts and feelings about food insecurity and housing instability

              b.   Research participants narrated and shared their photos at a focus group

      iii.   Will receive data from this study in fall 2017

   d.   CSU Sponsored Research: Phase II of the *CSU Food and Housing Security Study to Determine Best Practices for Serving Students*

      i.   Quantitative: SF State students were invited to participate in an online survey November 1 - November 21, 2016

          1.   4% response rate from students

          2.   Will receive the data from this survey in 2018

      ii.   Qualitative: Focus groups led by Dr. Rashida Crutchfield at SF State over 2 days

          1.   Will receive the results from the focus groups in 2018

   e.   MPH Student, Justin Wellins, Thesis: Dismantling Ramen Noodle Nostalgia in Higher Education

      i.   A case study analysis using a community intervention lens to examine the food pantry model Freshplace, to evaluate if it would be a good model to adopt in higher education

   f.   NCHA Data

      i.   Included the U.S. Household Food Security Survey Module: Six-item Short Form on the 2016 SF State NCHA survey to assess food insecurity at SF State

          1.   These questions will also be included in the 2018 SF State NCHA Survey

      ii.   Included homelessness questions on the 2016 SF State NCHA survey to assess homelessness at SF State

          1.   Similar questions will be included in the 2018 SF State NCHA Survey

3. **Request Type: Develop Programs**

    The following projects are currently or about to be implemented at SF State:

   a. **Meal Donations**

      i.   WHAT IS HAPPENING/GOAL: Currently in the pilot planning stage. The meal donation program consists of students donating (at a specific event) either guess passes or selected number of block meal plans to be reserved for students in need. Students identified as in need of meal plans will receive 40 meals loaded onto their student identification, One Card. Intake for the program will occur at various locations across campus (e.g. Residential Life, Health Promotion & Wellness, and Dean of Students).

      ii.   PARTNERS: Sodexo, Residential Life, Health Promotion & Wellness, and Dean of Students

      iii.   CONTACT: HeeBong Hyun, Sodexo, heebong.hyun@sodexo.com

      iv.   LOCATION(S): City Eats Dining Center

      v.   HOURS: Breakfast, Lunch, and Dinner (7 AM - 8 PM)

      vi.   CAMPUS IMPACT:
- 1. With a third to nearly one half of students identified as food insecure, the availability of meals would be invaluable to those students experiencing food insecurity at any level;
- 2. Donations provide a sense of community responsibility; and
- 3. Donations provide a close to net zero cost to providing this service.

      vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? 7/23 have established a similar program.

      viii.   WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?:
- 1. This program was ready to launch in the spring semester, yet lacked some of the internal guidelines in loading donated meals to SF State ID cards.

b. CalFresh Enrollment On Campus

      i.   WHAT IS HAPPENING/GOAL: Students are receiving assistance with CalFresh applications, including follow up on cases to ensure eligible students receive money for groceries.

      ii.   PARTNERS/PARTICIPATING OFFICES INVOLVED: Health Promotion & Wellness and SF-Marin Food Bank

      iii.   PRIMARY CONTACT PERSON: Aimée Williams, Health Promotion & Wellness, aimeew@sfsu.edu

      iv.   LOCATION: Health Promotion & Wellness Office

      v.   HOURS: Hours vary based on semester

      vi.   CAMPUS IMPACT: Assisting an average of 5 students per week.

      vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? CSU Humboldt, Chico State

      viii.   WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?:
- 1. Marketing and outreach

c. Cooking Classes

      i.   WHAT IS HAPPENING/GOAL: Dietetic students will teach students basic cooking skills using foods commonly found at the food pantry.

      ii.   PARTNERS/PARTICIPATING OFFICES INVOLVED: Health Promotion & Wellness and Dietetics Department

      iii.   PRIMARY CONTACT PERSON: Aimée Williams, Health Promotion & Wellness, aimeew@sfsu.edu

      iv.   LOCATION: The Foods Lab, Burk Hall, 406

      v.   HOURS: Hours vary based on semester - starting Fall 2017

      vi.   CAMPUS IMPACT: *Unknown as this project/service is in planning stage*

      vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU: Unknown

      viii.   WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?:
- 1. Funding for cooking materials and foods
- 2. Marketing and outreach

d. AS Pop- Up Pantry

      i.   WHAT IS HAPPENING/GOAL: AS Productions manages and provides the logistical support for the Pop-Up Pantry. The Pop-Up Pantry is the result of a partnership with the SF-Marin Food Bank. Each week the SF-Marin Food Bank

provides between 8-16 products, including about 6-10 fresh produce items, 1 grain item, and 1 protein item.

ii. PARTNERS/PARTICIPATING OFFICES INVOLVED: Associated Students, SF-Marin Food Bank, Health Promotion & Wellness and Risk Management

iii. PRIMARY CONTACT PERSON: Horace Montgomery , Associated Students, Horacem@asi.sfsu.edu

iv. LOCATION: Student Life Event Center (Annex 1)

v. HOURS: Every Monday from 12:30-2pm

vi. CAMPUS IMPACT: In first 7 weeks, 640 participants have been served. Subsequently, the pantry is serving an average of 175 students each week. Many of the students served have visited the pantry weekly.

vii. WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? Other CSU's have a food pantry, but this is the first CSU to work directly with a food bank to sustainably provide nutritious and local food.

viii. WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: A permanent location to store dry goods and toiletries, as well as refrigerators to hold perishable proteins (such as chicken and eggs) for students to pick up at a later time.

e. **SF State Food Recovery Network Chapter**

i. WHAT IS HAPPENING/GOAL: The Food Recovery Network (FRN) is a nonprofit that focuses on eliminating food waste and food insecurity by picking up food from SF State dining facilities and redistributing the food to partner agencies that fight hunger. The SF State chapter of the Food Recovery Network is made up of 20 members that partner with multiple student organizations and Sodexo. As a result of their efforts, The SF State FRN chapter has recovered over 1700 lbs. of food from the campus dining center, City Eats, for redistribution during the 2016-2017 school year.

ii. PARTNERS: Sodexo, Resident Housing Association (RHA), RHA EcoLife, The Real Food Challenge, Alpha Kappa Psi, AS Environmental Resource Center

iii. CONTACT: Jack Steinmann, SF State Student, steinmannjack@gmail.com; Aimée Williams, Health Promotion & Wellness, aimeew@sfsu.edu

iv. LOCATION: City Eats

v. HOURS: 8:00 pm - 9:45 pm (1x a week; 2x a week the last 6 weeks of school)

vi. CAMPUS IMPACT: Recovered 1776 lbs. of food for San Francisco food pantries and homeless shelters

vii. WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? San Diego State, Cal State Northridge and Fresno State all have FRN chapters

viii. WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: Centralized storage to store hot and cold food from on campus vendors at safe temperatures until it can be delivered to community shelters and food pantries, or to students in need at SF State.

f. **Emergency On-Campus Housing**

i. WHAT IS HAPPENING/GOAL: Residential Life currently offers six (6) community spaces (apartments and residence hall rooms) within the residence community to assist residents in an emergency capacity. These spaces have been used to provide temporary relief to students occasionally for Title IX purposes or when a

student is in need of temporary housing. Campuses with successful emergency housing services have identified 1-2 units to be provided to a campus case manager who manages the reservations.

    ii.   PARTNERS: Residential Life

    iii.   CONTACT: David F Rourke, Residential Life, drourke@sfsu.edu

    iv.   LOCATION: To Be Determined

    v.   HOURS: To Be Determined

    vi.   CAMPUS IMPACT:

        1.   There is no sense of the current need given the lack of a single point of contact and data relevant to the SF State campus.

    vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? 7/23 campuses are doing this.

g.   Toiletry Donations and Distributions

    i.   WHAT IS HAPPENING/GOAL: Residential Life and Health, Promotion & Wellness teams have assisted in coordinating donations of personal toiletries (shampoo, conditioner, body wash, face wash, deodorant, etc.) to be available to students using showers and lockers in the gym. This has been an informal service which could be expanded to providing access to secure lockers for personal items for a semester.

    ii.   PARTNERS: Department of Kinesiology, Residential Life

    iii.   CONTACT: Christine Hintermann, Department of Kinesiology, hinterma@sfsu.edu

    iv.   LOCATION: Gymnasium Locker Rooms

    v.   HOURS: To be determined

    vi.   CAMPUS IMPACT:

        1.   There is no sense of the current need given the lack of a single point of contact and data relevant to the SF State campus.

    vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? We do not know of other campuses doing this.

h.   Hot Food / Food Certifications

    i.   WHAT IS HAPPENING/GOAL: Subway is participating in the CalFresh Restaurant Meals Program for the Elderly, Disabled, or Homeless. This means that those who are disabled, elderly, or homeless and signed up for CalFresh, can use their Electronic Benefit Transfer (EBT) debit cards to purchase hot meals at the on campus Subway.

    ii.   PARTNERS: Subway, UCORP, SF Department of Human Services, Health Promotion & Wellness, and Sodexo

    iii.   CONTACT: Andrew Lok, UCorp, alok@sfsu.edu; Subway 415-405-3499

    iv.   LOCATION: Village at Centennial Square

    v.   HOURS:

        1.   When school is in session:

            a.   Monday - Thursday: 7am - 12am

            b.   Friday: 7am - 3 am

            c.   Saturday: 8am - 3am

            d.   Sunday: 9am - 12am

        2. Summer
            a. Monday - Friday: 10am - 5pm
   vi. CAMPUS IMPACT: Students who are disabled, elderly, or homeless will be able to use their EBT cards on campus to purchase meals.
  vii. WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: Support when reapplying for certification. Village Market & Pizza and Sodexo (The Bricks and Cafe in the Park) are looking to participate in the program as well.

i. Safe Overnight Parking Pilot
    i. WHAT IS HAPPENING/GOAL: Proposed to pilot the provision of safe overnight parking for students who sleep in their cars:
        1. 10 parking spots near UPD will be reserved for students sleeping in their cars to park;
        2. Students will need to check in with UPD by a certain time and will receive a SF State branded windshield cover to show that the student is participating in the program. Note - The cover should not state why the students is there, but be a visual for UPD and Parking to not ticket their vehicle; and
        3. Students will need to check back in with UPD by a certain time the next day to return the SF State branded windshield cover.
   ii. PARTNERS: UPD, Parking and Transportation
  iii. CONTACT: Aimée Williams, Health Promotion & Wellness, aimeew@sfsu.edu
  iv. LOCATION: Near UPD
   v. HOURS: To be determined
  vi. CAMPUS IMPACT: Would provide students who are sleeping in their car a safe place to park and sleep overnight
  vii. WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? No other CSU is doing this.

4. **Request Type: Develop Single Point of Contact (SPOC)**
    a. WHAT IS HAPPENING/GOAL: Develop a primary unit/office and secondary unit/offices which are knowledgeable and service ready to receive student concerns related to basic needs and begin a linkage or referral to service. Additionally, there is no central communication (email, phone, website, etc.) to establish a one stop for information, progress, and services leading the campus to a future case manager as an advocate and liaison to external partners.
    b. PARTNERS:
       i. Possible Points of Contact:
          1. Health Promotion & Wellness
          2. Dean of Students
          3. Residential Life
    c. CONTACT:
       i. Richard Nizzardini, Health Promotion & Wellness, rnizzard@sfsu.edu
    d. LOCATION
       i. Locations would need to be assessed for accessibility, availability of basic services (read: public restrooms, general reception, confidential discussion space, etc.)

    e.   HOURS:
        i.   To be determined based on available locations
    f.   CAMPUS IMPACT:
        i.   There is currently no "place" to find all of the information related to student basic needs or to assist those in need with either a physical or virtual space to better understand campus and local services.
    g.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? Several campuses have points of contact for food and/or housing needs. The Chancellor's Office report maintains six separate categories for a single point of contact for each of the known needs: University housing, alternative housing options, emergency funds/grants, short term loan-type programs, food pantry, and alternate meal options. This seems to defeat the spirit of a "single point of contact philosophy".

5. **Request Type: Develop Links to Associated Students**
    a.   WHAT IS HAPPENING/GOAL: This was not a primary focus for the Ad-Hoc Working Group, as Associated Students (AS) has collaborated with campus partners in the development of their Pop-up Food Pantry (see 3d). Continuing to build on the relationship with AS is essential because they interact with a large percentage of students. In addition, AS would be a great liaison for the SPOC.

6. **Request Type: Develop Peer Support**
The Ad-Hoc Working Group did not focus on this request type over the past year. However, as described in 3c, dietetic students are teaching basic cooking skills to other students. Secondly, a proposed idea to develop peer support is to make the Pop-Up Food Pantry a placement or practicum site for MSW students to serve as case managers.

7. **Request Type: Invite Housing folks to become more involved in these efforts**
    a.   WHAT IS HAPPENING/GOAL: The CSU Senior Housing Officers have included Student Basic Needs on their last two bi-annual agendas to survey what efforts related to the Chancellor's Office report have been implemented on various campuses across the system. SF State has engaged the Director of Residential Life and the Resident District Manager (SODEXO) in efforts around both food insecurity and housing instability. While this request type was not a significant review of the Ad-hoc working group, there are some possible avenues to explore in the future. Specifically
        i.   Engage Housing, Dining, and Conference Services team members in this endeavor; and
        ii.   Establish a Bay Area housing group between (Sonoma State, Maritime, East Bay, San Jose State, and SF State) to discuss regional concerns which may be contributing factors to food insecurity and housing instability.

Section 5: Proposed Policies, Programs and Revenue Opportunities, and Areas for Further Exploration
The following are proposed policies and programs that can be developed in the coming months or academic years, as well as other areas to further explore:

1. Proposed Policies:
    a.   Use of ResLife hospitality suites for emergency housing;
    b.   Use of vacant beds/apartments on campus for emergency housing;
    c.   Utilizing on-campus lounge spaces for temporary overnight housing; and

    d. Practices around use of shower/bathroom facilities on-campus.

2. Proposed Programs:
    a. **Leftover Food App**
        i. WHAT IS HAPPENING/GOAL: Propose to utilize the SF State App to let students know when and where there is leftover food that students can eat.
        ii. PARTNERS: SF State Mobile App Team, Risk Management, Sodexo/Campus Dining, UCorp, Sustainability
        iii. CONTACT: Aimée Williams, Lead Health Educator, aimeew@sfsu.edu
        iv. LOCATION: To be determined
        v. HOURS: To be determined
        vi. CAMPUS IMPACT: This program would help SF State decrease their food waste while feeding hungry students.
        vii. WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU: Fresno State
        viii. WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: We need to figure out how to implement this program with minimal risk, and the logistics of giving out leftover food.

    b. **Senior Resident/Student Resident Housing**
        i. WHAT IS HAPPENING/GOAL: A Business Insider article from New York University highlighted a creative approach to matching senior citizens with spare bedrooms with college students. Given SF State's relationship with nonaffiliated residents in University Park North and South, this idea could be viable.
        ii. WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU: No other CSU is doing this at this time
        iii. WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: Unknown as this is only an idea to be explored further.
        iv. CONTACT: David Rourke, Residential Life, drourke@sfsu.edu

3. Opportunities to Generate Revenue:
    a. Outreach for contributions to the HOPE Fund
    b. Explore California State Budget opportunities designated for Hunger Free College Campuses

4. Areas for Further Exploration:
    a. **Social Innovation and Urban Opportunities Lab (SOUL):**
        i. WHAT IS HAPPENING/GOAL: The goal is to utilize the Streetwyze App to identify the social and behavioral determinants of food insecurity and houselessness for SF State students, and to organize the community around basic needs.
        ii. PARTNERS/PARTICIPATING OFFICES INVOLVED: SOUL, SF BUILD, UCSF, and National Institutes of Health (funder)
        iii. PRIMARY CONTACT PERSON: Antwi Akom, College of Ethnic Studies, akom@sfsu.edu
        iv. LOCATION: Science Building 395
        v. HOURS: By appointment
        vi. CAMPUS IMPACT: Unknown since this core research facility has not been used to gather information about student's basic needs

      vii.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? SOUL is a unique facility only housed at SF State

      viii.   WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?:

          1. Purchase of Streetwyze Licensing Fee

          2. Engagement of Student Affairs staff and leaders of key student organizations in train-the-trainer workshops for roll out of the Streetwyze data collection and community organizing tool

  b. **Student Health Advisory Committee (SHAC) Breakfast Program**

      i.   WHAT IS HAPPENING/GOAL: SHAC is working in collaboration with SJSU to create a breakfast program modeled after their own. It will allow students to go into the Student Health Center and grab a free bagel if they are hungry.

      ii.   PARTNERS/PARTICIPATING OFFICES INVOLVED: Student Health Advisory Committee, Student Health Services, and AS

      iii.   PRIMARY CONTACT PERSON: Kyra Heck, SF State Student, kheck@mail.sfsu.edu; Aimée Williams, Health Promotion & Wellness, aimeew@sfsu.edu

      iii.   LOCATION: It has not been implemented yet, but would take place in the Student Health Center.

      iv.   HOURS: Hours will mirror Student Health Services hours

      v.   CAMPUS IMPACT: To be determined

      vi.   WHERE IS THIS HAPPENING ELSEWHERE IN THE CSU? San Jose State University

      vii.   WHAT RESOURCES OR SUPPORT COULD THIS PROGRAM USE IN THE FUTURE?: Funding and volunteer source

Section 6: Recommendations

1. <u>Primary</u>
   a. Establish a standing committee with shared governance made up of students, staff, and faculty;
   b. Hire a 1.0 FTE professional staff member to oversee and coordinate SF State's basic needs initiatives, including program development and implementation, research, and evaluation;
   c. Until the above position is established and filled, identify a person or a location for the Single Point of Contact (SPOC), including a website, email address, and phone number;
   d. Develop financial resources, including expanding the HOPE Fund, establishing a budget, seeking donations, and collaboration with Development;
   e. Continued research on basic needs issues at SF State and their effects on the student's life, academic success, retention, and graduation;
   f. Work with the Academic Policies Committee of Academic Senate to include information about basic needs on all class syllabi;
   g. Complete the process to have Electronic Benefits Transfer (CalFresh/food stamps) accepted at the SF State Farmer's Market; and
   h. Execute a pilot of the Safe Overnight Parking program

2. <u>Secondary</u>
   a. Continued expansion and outreach of the SF State CalFresh Enrollment program;
   b. Start the on-campus cooking classes;
   c. Implement a pilot of the Meal Swipe Program;
   d. Establish use of hospitality suites for emergency housing;

    e.   Develop policies proposed in Section 6;

    f.   Expand SF State's participation in the CalFresh Restaurant Meals Program for the Elderly, Disabled, or Homeless; and

    g.   Explore the development of the proposed programs mentioned in Section 6

3. <u>Tertiary</u>
   a. Explore the areas for further exploration, as indicated in Section 6.

Appendix 1: Ad Hoc Working Group Membership - Responding to Food Insecurity & Housing

(As of May 1, 2017)

Name	Title
Xochilt Arizmendi	Undergraduate Student
Aimée Barnes	Interim Executive Director, Associated Students
Michael Beatty	Risk Manager, Enterprise Risk Management
Lauren Becker	Undergraduate Student
Mary Ann Begley	Interim Associate Vice President & Dean of Students
Peter Biella	Professor, Anthropology
Cam Bui	Student Intern, Health Promotion & Wellness
Rebecca Carabez	Associate Professor, Nursing
Jul Custodio	President, Public Health Organization of Graduate Students
Shannon Deloso	President, Associated Students
Marie Drennan	Associate Professor, Broadcast and Electronic Communication Arts
Ryan Fetzer	Associate Director, Campus Recreation
Alexa Flickinger Renzi	Undergraduate Student
Olivia Flickinger-Renzi	Undergraduate Student
Mario Flores	Assistant Executive Director, Programs, Associated Students
Jesus Garcia	Executive Director, Administration & Finance
Mia Gutfreund	Case Manager, Counseling & Psychological Services/Student Health Services
Sang Ha	Undergraduate Student
Shae Hancock	Administrative Support Assistant, UCorp
Ivy Hung	Director of Resident Dining, Sodexo
Hee Bong Hyun	Resident District Manager, Sodexo
Ernita Joaquin	Associate Professor, School of PACE
Dámneet Kaur	Student Intern, Health Promotion & Wellness
Nick Kordesch	Sustainability Specialist, Physical Planning & Development
Vincent Lam	Clinical Faculty & Graduate Program Coordinator, Health Education
Celia LeBuono Gonzalez	Vice President External Affairs, Associated Students
Andrew Lok	Retail and Commercial Services Manager, UCorp
Leticia Marquez-Magana	Professor, Biology & Director of Health Equity Research Lab
Rebecca Mendez	Research Technician, Office of Research & Sponsored Programs
Horace Montgomery	Director of Programs and Services, Associated Students
Lauren Muckley	Nutrition Health Educator, Health Promotion & Wellness
Alyssia Plata	Undergraduate Student
Robert Quimbo	One Card Lead, Fiscal Affairs
David Rourke	Director, Residential Life (Chair)
Dania Russell	Director, Housing, Dining & Conference Services
Amir Sahit	Director, AS Environmental Resource Center
Norma Salcedo	AB540 Coordinator, Dean of Students
Richard Schwanbeck	Vice President, Facilities and Services, Associated Students
Francine Shakir	Culture and Arts Program Manager, Richard Oakes Multicultural Center

Timothy Shaw	Lecturer, Hospitality & Tourism Management
Saba Sohail	Undergraduate Student
Tony Sparks	Assistant Professor, Urban Studies, School of PACE
Jack Steinmann	Student, Food Recovery Network, SF State Chapter
Amie Tat	Advising Coordinator, Student Resource Center, College of Health and Social Sciences
Zion Thomson	Unit Marketing Coordinator, Sodexo
Rebecca Toporek	Professor, Counseling
Clement Tsang	President, Real Food Challenge, SF State Chapter
Juliana Van Olphen	Associate Professor, Health Education
Alex Vasquez	Senior Rep, Associated Students
Justin Wellins	Graduate Student
Aimée Williams	Lead Health Educator, Health Promotion & Wellness (Co-Chair)
Michael Yang	Assistant Director, AS Environmental Resource Center & Sodexo Intern

Appendix 2: Sources of Evidence

Doc #	Title	Author	URL or Journal
1	USDA ERS - Food Security in the U.S.: Key Statistics & Graphics	Coleman-Jensen, A., Gregory, C., & Rabbitt, M.	http://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/key-statistics-graphics.aspx
2	Seasonal changes in household food insecurity and symptoms of anxiety and depression.	Hadley, C. & Patil, C. L.	American Journal of Physical Anthropology
3	Student food insecurity: The Skeleton in the university closet.	Hughes, R., Serebryanikova, I.x, Donaldson, K., & Leveritt, M.	Nutrition & Dietetics
4	The relationship between perceive psychological distress, behavioral indicators and African-American female college student food insecurity	M. L., MS, Peters Jr., R. J., DrPH, MS, K. F., DrPH, A. M., DrPH, Johnson, R. J., DrPH, & M. H., DrPH	American Journal of Health Studies
5	Food insecurity is related to cooking self-efficacy and perceived food preparation resources among college students	Gaines, A., Knol, L., Robb, C., & Sickler, S.	Journal of the Academy of Nutrition and Dietetics
6	Among Dorms and Dining Halls, Hidden Hunger	K.R.	The Atlantic - http://www.theatlantic.com/health/archive/2010/05/among-dorms-and-dining-halls-hidden-hunger/39766/
7	The Hidden Hunger on College Campuses	L.M.	The Atlantic - http://www.theatlantic.com/education/archive/2016/01/the-hidden-hunger-on-college-campuses/424047/

8	Serving Displaced and Food Insecure Students in the CSU	R. C., EdD, MSW, K. C., S. G., A. G., D. M., & H. S.	California State University, Long Beach
9	Study find homelessness and food insecurity among community college students	J. L.	https://www.insidehighered.com/news/2015/12/07/study-find-homelessness-and-food-insecurity-among-community-college-students
10	Prevalence and Correlates of Food Insecurity Among Students Attending a Midsize Rural University in Oregon	Patton-López, M. M., López-Cevallos, D. F., Cancel-Tirado, D. I., & Vazquez, L.	Journal of Nutrition Education and Behavior
11	Hungry to Learn: Addressing Food & Housing Insecurity Among Undergraduates	Goldrick-Rab, S., Broton, K., & Eisenberg, D.	Wisconsin HOPE Lab Report
12	Promoting the Health of Young Adults in Urban Public Universities: A Case Study From City University of New York.	Freudenberg, N., Manzo, L., Mongiello, L., Jones, H., Boeri, N., & Lamberson, P.	Journal of American College Health
13	Food insufficiency and women's mental health: Findings from a 3-year panel of welfare recipients	Heflin, C. M., Siefert, K., & Williams, D. R.	Social Science & Medicine
14	Family food insufficiency, but not low family income, is positively associated with dysthymia and suicide symptoms in adolescents	Alaimo, K., Olson, C. M., & Frongillo, E. A.	The Journal of Nutrition
15	Food insufficiency and American school-aged children's cognitive, academic, and psychosocial development	Alaimo, K., Olson, C. M., & Frongillo, E. A.	Pediatrics
16	Food insecurity is associated with increased risk of obesity in California women	Adams, E. J., Grummer-Strawn, L., & Chavez, G	The Journal of Nutrition
17	Food insecurity is associated with chronic disease among low-income NHANES participants	Seligman, H. K., Laraia, B. A., & Kushel, M. B.	The Journal of Nutrition
18	Household food insufficiency is associated with poorer health	Vozoris, N. T., & Tarasuk, V. S.	The Journal of Nutrition
19	Poverty, food insecurity, and the behavior for childhood internalizing and externalizing disorders	Slopen, N., Fitzmaurice, G., Williams, D. R., & Gilman, S. E.	Journal of the American Academy of Child & Adolescent Psychiatry
20	Access to food: getting to some of the root mediators of psychiatric illness.	Dubowitz, T.	Journal of the American Academy of Child & Adolescent Psychiatry
21	Household food insecurity is associated with adult health status	Stuff, J. E., Casey, P. H., Szeto, K. L., Gossett, J. M., Robbins, J. M., Simpson, P. M., ... & Bogle, M. L	The Journal of Nutrition
22	Coping strategies and nutrition education needs among food pantry users	Hoisington, A., Shultz, J. A., & Butkus, S.	Journal of Nutrition Education and Behavior
23	Homelessness is more than houselessness: a psychologically-minded approach to inclusion and rough sleeping	Seager, M.	Mental Health and Social Inclusion

24	Health Impacts Related to Food and Nutrition Insecurity.	Dangour, A. D., Green, R., Sutherland, J., Watson, L., & Wheeler, T. R.	Advances in Nutrition: An International Review Journal
25	Definitions of Food Security		https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security/
26	2017 San Francisco Unique Youth Survey & Count Report	Applied Survey Research	http://hsh.sfgov.org/wp-content/uploads/2017/06/2017-Youth-PIT-Final-Report-6.21.17.pdf
27	California Nutrition and Food Insecurity Profile	California Food Policy Advocates	cfpa.net/county-profiles
28	Feeding America: Map the Meal Gap 2017	Feeding America	http://www.feedingamerica.org/hunger-in-america/our-research/map-the-meal-gap/2015/MMG_AllCounties_CDs_MMG_2015_1/CA_AllCounties_CDs_MMG_2015.pdf
29	The State of Homelessness in America	National Alliance to End Homelessness	http://endhomelessness.org/wp-content/uploads/2016/10/2016-soh.pdf
30	SF State National College Health Assessment	American College Health Association National College Health Assessment	Email hpw@sfsu.edu for a copy of the report