Food Insecurity & Resource Need Among SF State Students During COVID-19 Campus Closure Survey

Following City and State public health mandates to prevent the spread of COVID-19, San Francisco State University transitioned to fully remote instruction in March of 2020. In Fall 2020 SF State’s Basic Needs Committee set out to better understand the impacts of the pandemic and the campus closure on student’s food security to better inform campus basic needs programming.

Respondents

In the 2020 Fall semester, 279 SF State students completed an electronic survey to assess student food security and needs. Respondents were incentivized with $25 Visa gift card drawing.

Class Standing

- Freshman: 17%
- Sophomore: 24%
- Junior: 29%
- Senior: 22%
- Post-baccalaureate: 1%
- Graduate: 7%

Race / Ethnicity

- Latinx: 38%
- Asian: 29%
- Two or more races: 14%
- White: 12%
- Black: 3%
- Middle Eastern: 2%
- Pacific Islander: 2%

Geographic Living Post COVID

- SF Bay Area: 68%
- Southern CA: 19%
- Northern CA (beyond Bay): 8%
- Central CA: 3%
- Out of CA: 1%
- Out of USA: 1%
- Don’t know: 0.4%

Of the students who took this survey

- 73% of students food insecure
- 24% of students food secure

Students who would like to be contacted for further info

- Yes: 39%
- No: 54%
- No response: 7%

Existing campus food assistance resources in order of perceived usefulness

1. A food pantry on campus (e.g. Gator Groceries).
2. Emergency funds to purchase food in your area
3. SNAP/food stamps (e.g. CalFresh application assistance)
4. Online eating on a budget resources
5. Nutrition education (e.g. online resources)
6. Workshops
7. Cooking classes and demos
8. Nutrition counseling
9. Information about food pantry in area
10. Emergency meals on campus (e.g. City Eats dining center meals)

Findings

Though 73% of students surveyed reported experiencing food insecurity, the majority of the students (54%) do not want to be contacted for food assistance resources. The campus AS Food Pantry was selected as the most-useful food access resource, followed by emergency funds to purchase foods in the area. Discount vouchers for local foods stores was selected as the most-useful upcoming resource followed by information on using SNAP/Food stamp assistance. Students suggested that meals, meal vouchers, use for local garden/farms, city eats card, gift cards to grocery stores and a list of food banks and sources that give student discounts in the area would be helpful.

Next Steps

With remote or hybrid campus operations likely for the foreseeable future, the SF State Basic Needs Initiatives hopes to use this data to inform food access program planning.

The SF State Basic Needs Committee is interested in further exploring student hesitancy to be contacted about food access resources.